

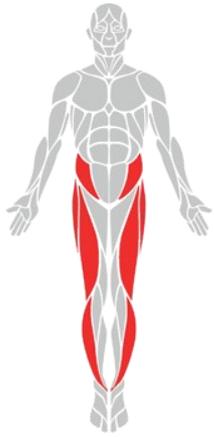


Children's Gym

Children's Gym KS1 and KS2 - Individual Units

Double Health Walker

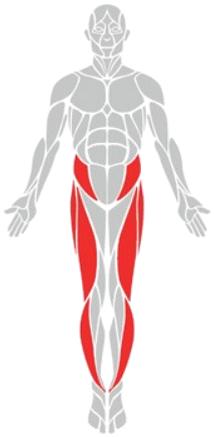
• Height 1177mm • Width 615mm • Length 2017mm



- The Health Walker mimics the action of brisk walking, without the damaging impact to knee and ankle joints that can occur when walking on hard ground.
- Suitable for up to two (2) users below 140cm / 4'7" in height

Double Slalom Skier

• Height: 1150mm • Width: 855mm • Length: 925mm



- The Double Slalom Skier simulates the leg movements of the sport, making it a great opportunity for children to flex their imaginative skills whilst exercising their lower body and core muscles.
- Suitable for up to two (2) users below 140cm / 4'7" in height

Horse Rider

• Height: 950mm • Width: 592mm • Length: 874mm

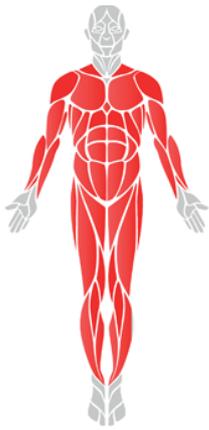


- The Horse Rider provides fun and unusual exercise for the whole body. The resistance created by the child's own body turns this 'gallop' action into a unique, all-over workout.
- Suitable for one single user below 140cm / 4'7" in height

Children's Gym KS1 and KS2 - Individual Units

Sky Stepper

• Height: 1564mm • Width: 582mm • Length: 1267mm



- The Sky Stepper is similar to an outdoor cross or elliptical trainer. It offers a fun, low/no resistance exercise for various abilities.
- Suitable for one single user below 140cm / 4'7" in height

Rower

• Height: 1076mm • Width: 770mm • Length: 1033mm



- All the fun of rowing without the risk of getting wet! This classic design targets arms, upper body and abdominal muscle groups.
- Suitable for one single user below 140cm / 4'7" in height

Arm and Pedal Bike

• Height: 1098mm • Width: 535mm • Length: 988mm



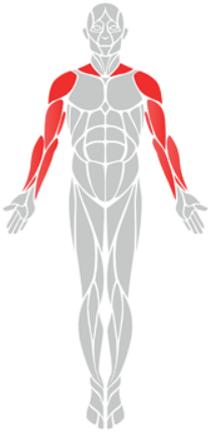
- A great cardio vascular work out machine to improve balance and co-ordination . A good all round warm up that targets both arm and leg muscle groups and can be used by all age groups.
- Suitable for one single user below 140cm / 4'7" in height



Children's Gym KS1 and KS2 - Individual Units

Tai Chi Discs

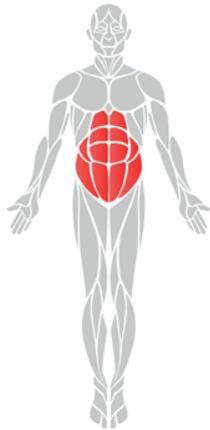
• Height: 1159mm • Width: 1150mm • Length: 1210mm



- Children can move the spinners in either the same or opposing directions, and concentrating on the smooth, circular movements of the spinners, replicates the calming nature of children's outdoor Tai Chi.
- Suitable for up to two (2) users below 140cm / 4'7" in height

Waist Twister

• Height: 560mm • Width: 1070mm • Length: 1186mm



- The Waist Twister allows up to 3 children to twist together, improving flexibility and abdominal muscles.
- Suitable for up to three (3) users below 140cm / 4'7" in height

Double Strength Challenger

• Height: 1284mm • Width: 423mm • Length: 602mm

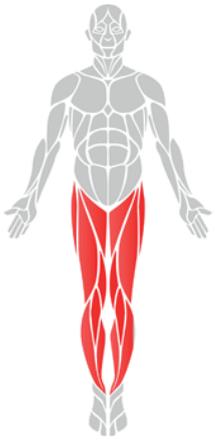


- A fun way to build up arm and shoulder muscle groups by challenging another person to a friendly competition or used singularly to gently stretch arms and shoulders. Builds muscle in arms and shoulders.
- Suitable for up to two (2) users below 140cm / 4'7" in height

Children's Gym KS1 and KS2 - Individual Units

Leg Stretch

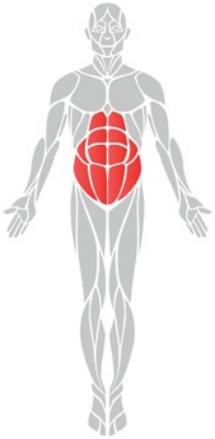
• Height 1135mm • Width 811mm • Length 932mm



- Ideal for stretching the calf and thigh muscles and increasing mobility in the hips. Can be used for gentle squats when using as a hand rail.
- Suitable for up to three (3) users below 140cm / 4'7" in height

Double Sit Up Bench

• Height 650mm • Width 1366mm • Length 1400mm



- The Double Sit-Up Bench is designed to provide a comfortable base for sit-ups, crunches and leg raises. Encourages a full abdominal muscle workout.
- Suitable for up to two (2) users below 140cm / 4'7" in height

Fixed Table Tennis Table

• Height 760mm • Width 1530mm • Length 2760mm



- The Outdoor Table Tennis Table allows users to engage in fun, friendly, competitive sport whilst giving themselves a full body cardiovascular workout.
- Suitable for up to two (2) users.

Children's Complete Gym Package

6 Piece Children's Gym Package

- ☑ We've taken the top 6 most popular pieces of gym equipment and put them into one package for you.
- ☑ The combination of all 6 pieces, covers a full body workout with an emphasis on cardio vascular health.
- ☑ Having fun whilst getting fit is vital for children to gain a love of exercise, so we've made sure this package will get those little hearts pumping and those faces smiling!
- ☑ This package allows up to 8 children to exercise at one time.



1. Double Health Walker
2. Double Slalom Skier
3. Horse Rider

4. Arm and Pedal Bike
5. Rower
6. Sky Stepper

£7,100 plus VAT fully installed

Energise

Minimum Space Required: • Length: 6000mm • Width: 4500mm

- Our Energise Multi Gym comprises two of our most popular pieces, the **Double Health Walker** and the **Double Slalom Skier** for great fun and social exercise.
- This unit allows up to 4 children under 4'7" / 140cm in height to exercise at the same time.



Spacesaver

Minimum Space Required: • Length: 5200mm • Width: 4300mm

- Our Spacesaver Multi Gym includes **two Slalom Skiers** and **two Sky Steppers** all combined into one multi gym to maximise the social interaction of the users while reducing the footprint required to install the gym. It's a great piece either alone or as part of a larger gym and allows children to independently exercise while all facing each other for great social exercise.
- This unit allows up to 4 children under 4'7" / 140cm in height to exercise at the same time.



Activ8



Minimum Space Required: • Length: 8500mm • Width: 4800mm

- Featuring a **Double Health Walker** and **two Slalom Skiers** for larger movements, coupled with a **Double Waist Twister** plus a **Tai Chi** element for coordination and **Arm Pedal Bike** set-up for wheelchair users. With a minimal footprint and installation, the Activ8 Multi-Gym provides a cost-effective solution to physical fitness and co-ordination.
- Up to two wheelchair users can access this equipment simultaneously with the Arm Pedal Bike and Tai Chi Disc sections.
- This unit allows up to 8 children under 4'7" / 140cm in height to exercise at the same time.

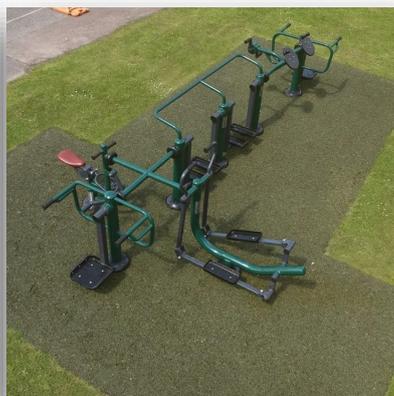


Integr8



Minimum Space Required: • Length: 9200mm • Width: 6330mm

- Featuring a **Double Health Walker, Double Slalom Skier, Sky Stepper, Horse Rider, Tai Chi Discs** and an **Arm Bike**. The first 4 of these pieces have proven the most popular in regards to the 'play' factor with children aged 4-11 across the UK when supplied individually so we have brought them together on one unit to bring the playground together.
- Up to two wheelchair users can access this equipment simultaneously with the Arm Bike and Tai Chi Disc sections.
- This unit allows up to 8 children under 4'7" / 140cm in height to exercise at the same time.





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