



Fitness Stations

Fitness Stations - Individual Apparatus



Warm Up Bench

L 2000mm W 835mm H 1250mm
FFH: 200mm
Minimum Area: 17.4m²
L 4940mm W 3835mm



Sit Up Bench

L 2100mm W 1080mm H 700mm
FFH: 700mm
Minimum Area: 18.7m²
L 5000mm W 4080mm



Step Ups

L 2756mm W 301mm H 600mm
FFH: 600mm
Minimum Area: 16.9m²
L 5800mm W 3300mm



Incline Leg Raise

L 1975mm W 1080mm H 1500mm
FFH: 1500mm
Minimum Area: 18.1m²
L 4858mm W 4080mm



Steel feet

Galvanised steel feet can be fitted on all Fitness Equipment items for a small additional charge. Steel feet offer an alternative to in ground timbers and can be used in both wet pour surfacing and extended for loose fill bark.



Parallel Dips

L 745mm W 750mm H 1600mm
FFH: 1175mm
Minimum Area: 11.6m²
L 3645mm W 3600mm



Low Parallette Bars

L 1076mm W 750mm H 1000mm
FFH: 1000mm
Minimum Area: 12.7m²
L 3980mm W 3600mm



Vertical Leg Raise

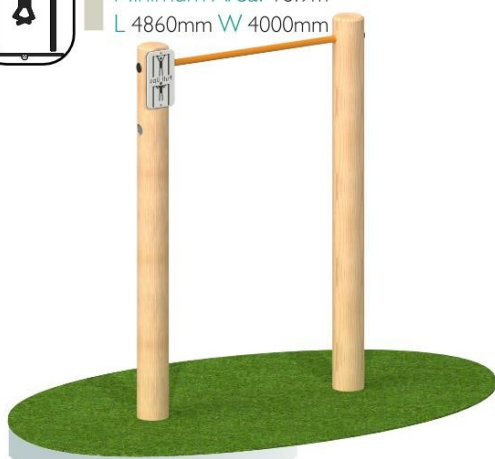
L 745mm W 750mm H 1600mm
FFH: 1200mm
Minimum Area: 11.7m²
L 3750mm W 3575mm

Fitness Stations - Individual Apparatus



Parallel Ring Beam

L 1200mm W 375mm H 2250mm
FFH: 1950mm
Minimum Area: 16.9m²
L 4860mm W 4000mm



Single Bar Chin Up

L 1200mm W 150mm H 1800mm
FFH: 1720mm
Minimum Area: 13.2m²
L 4460mm W 3410mm



Zig Zag Traverse Bars

L 2500mm W 1325mm H 2100mm
FFH: 2100mm
Minimum Area: 24m²
L 5925mm W 5374mm



Parallel Trapeze Grips

L 1250mm W 300mm H 2250mm
FFH: 1730mm
Minimum Area: 13.9m²
L 4460mm W 3560mm



1.5m Chin Ups

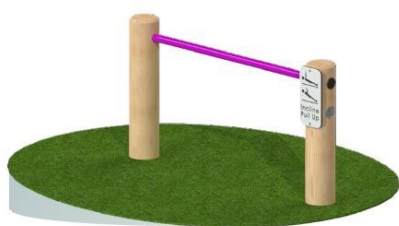
L 3200mm W 125mm H 1500mm
FFH: 1420mm
Minimum Area: 17.7m²
L 6200mm W 3125mm



2.4m Chin Ups

L 3200mm W 125mm H 2400mm
FFH: 2300mm
Minimum Area: 26.1m²
L 7135mm W 4060mm

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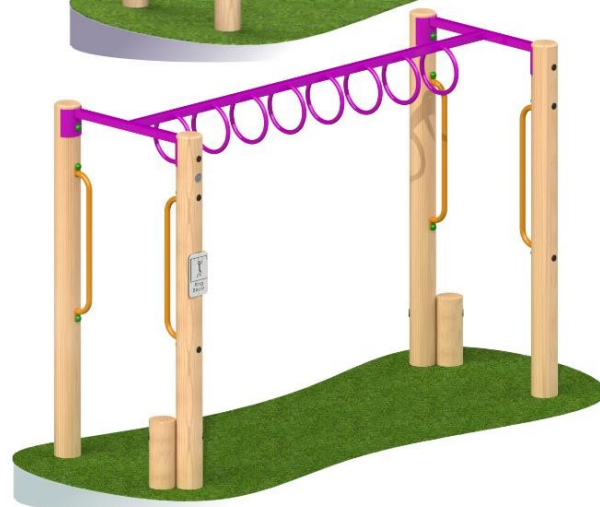
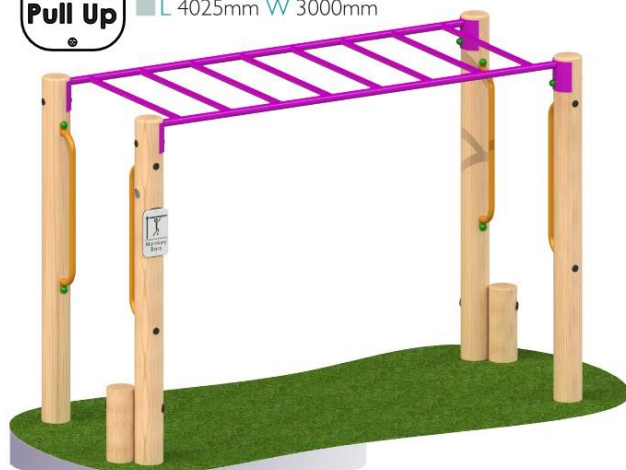
Parallel Bars

L 2400mm W 725mm H 1175mm
FFH: 1175mm
Minimum Area: 18.4m²
L 5400mm W 3725mm



Incline Pull Up

L 1150mm W 125mm H 600mm
FFH: 600mm
Minimum Area: 10.5m²
L 4025mm W 3000mm



Monkey Bars

L 2862mm W 1110mm H 1850mm
FFH: 1850mm
Minimum Area: 25.1m²
L 6050mm W 4510mm



Tarzan Ring Beam

L 3162mm W 1110mm H 2050mm
FFH: 1750mm
Minimum Area: 26.5m²
L 6350mm W 4510mm



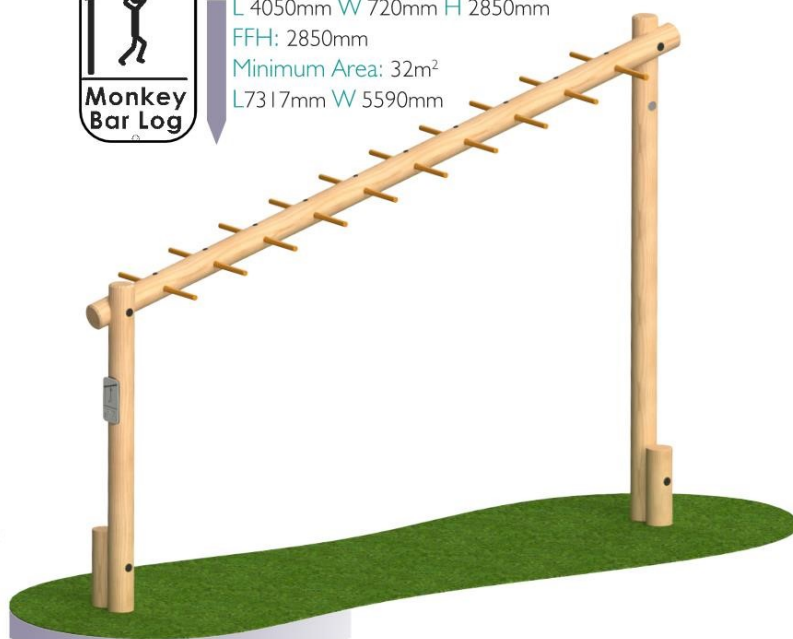
Steel feet

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Sloping Monkey Bar Log

L 4050mm W 720mm H 2850mm
FFH: 2850mm
Minimum Area: 32m²
L 7317mm W 5590mm



Monkey Bar Log

L 3450mm W 720mm H 2085mm
FFH: 1975mm
Minimum Area: 24.9m²
L 6210mm W 4370mm

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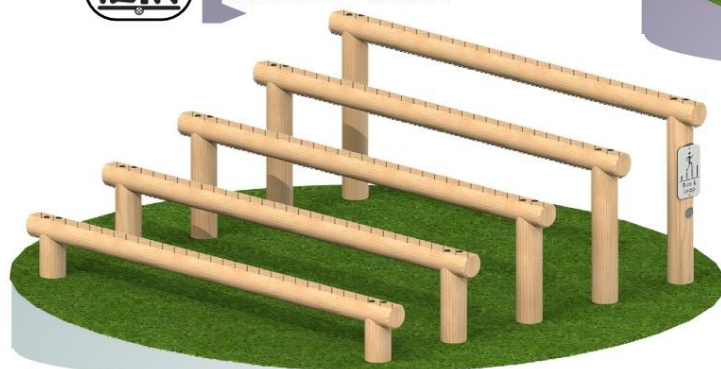
Log Hops | Set of 3

L 3125mm W 2400mm H 303mm
FFH: 303mm
Minimum Area: 31.4m² based on suggested layout
L 6125mm W 5380mm



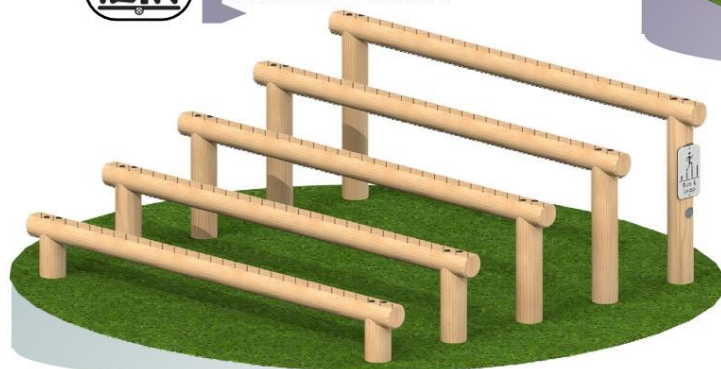
Over and Under

L 2925mm W 2400mm H 1100mm
FFH: 1100mm
Minimum Area: 30.3m² based on suggested layout
L 5925mm W 5380mm



Run and Leap

L 2125mm W 2400mm H 888mm
FFH: 888mm
Minimum Area: 26m²
L 5125mm W 5380mm



Sloping Stride Jumps | Set of 5

L 8250mm W 2116mm H 800mm
FFH: 800mm
Minimum Area: 57.2m² based on suggested layout
L 11400mm W 5200mm



Vault and Leap | Set of 5

L 8250mm W 4473mm H 1200mm
FFH: 1200mm
Minimum Area: 78.4m² based on suggested layout
L 11000mm W 7301mm

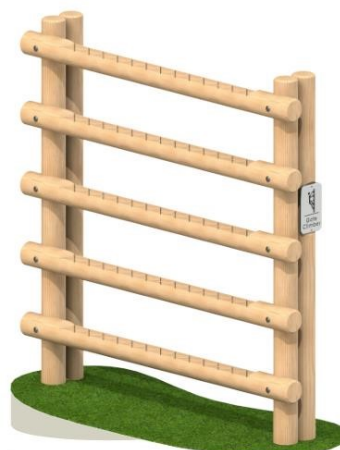


Fitness Stations - Combined Stations



Assault Wall

L 1500mm W 450mm H 2100mm
FFH: 2100mm
Minimum Area: 17.7m²
L 5020mm W 3970mm



Timber Gate Climber

L 1900mm W 312mm H 1900mm
FFH: 1900mm
Minimum Area: 18.7m²
L 5420mm W 3895mm



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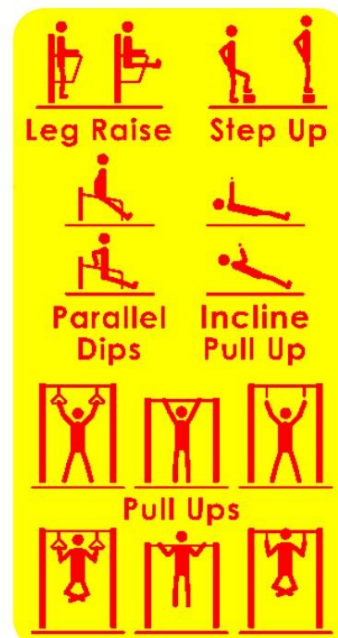
Dip Station

L 2034mm W 1675mm H 1600mm
FFH: 1200mm
Minimum Area: 18.5m²
L 4750mm W 4580mm



Tone Up Zone

L 4203mm W 2542mm H 2250mm
FFH: 1950mm
Minimum Area: 33.2m²
L 7015mm W 6045mm



Fitness Stations - Combined Stations



Rope Climb

L 3000mm W 450mm H 3050mm
FFH: 3000mm
Minimum Area: 35.7m²
L 8000mm W 5000mm



Assault Net

L 2700mm W 450mm H 2160mm
FFH: 2160mm
Minimum Area: 21.4m²
L 6301mm W 3800mm



Pull Up

Incline Leg Raise

Sit Up

Incline Pull Up

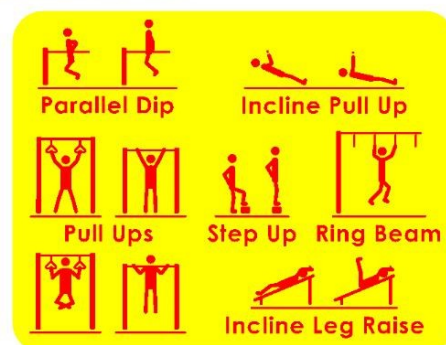
Workout Circuit

L 8025mm W 4582mm H 2250mm
FFH: 1950mm
Minimum Area: 59.4m²
L 11225mm W 7838mm



Pull Up Station

L 3825mm W 3180mm H 1800mm
FFH: 1800mm
Minimum Area: 38.4m²
L 6840mm W 7500mm



Parallel Dip

Incline Pull Up

Pull Ups

Step Up

Ring Beam

Incline Leg Raise



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